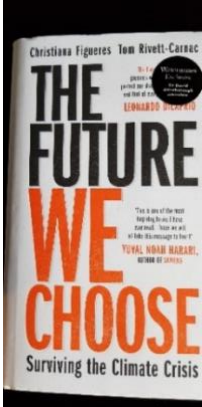
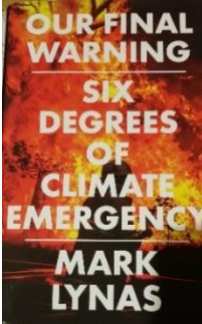
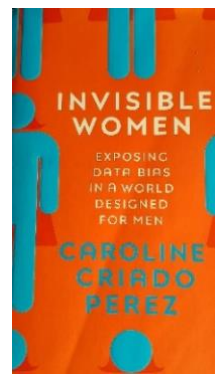
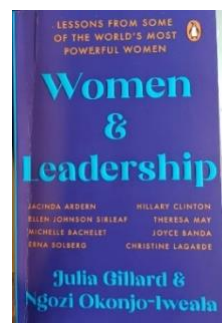
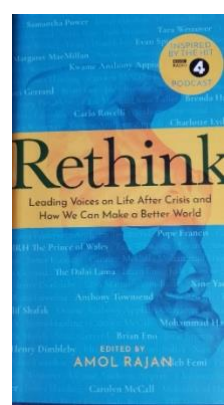

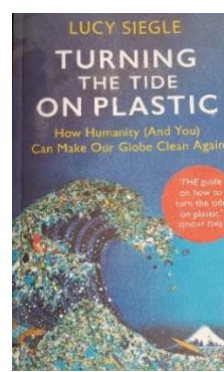


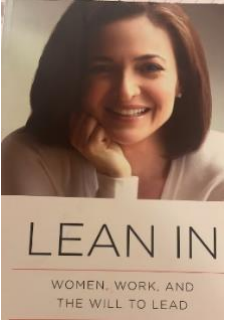

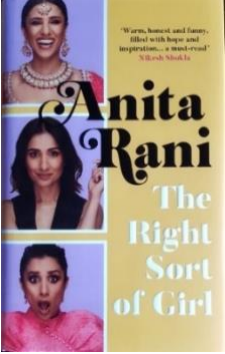
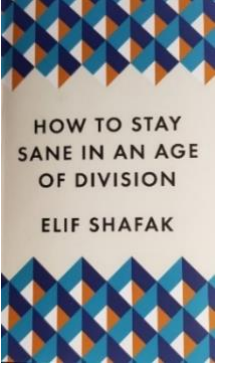
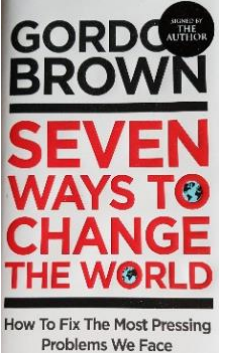


National
Council of
Women GB
For a fair and
inclusive society

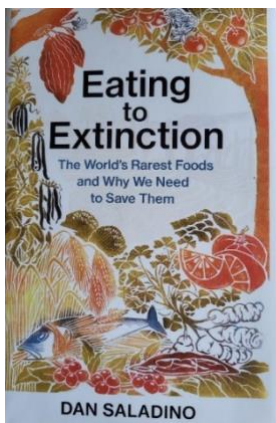
Network 18-30 Booklist

	<p>MISOGYNATION - Laura Bates</p> <p>You may have read EVERYDAY SEXISM. This is Laura's third book. 'Drawing attention to sexism everywhere from the payroll to the pavement, Laura uncovers the discrimination in our relationships, our workplaces, our homes, our media, at our schools and on our streets ... She joins the dots to reveal the true scale of sexism: systemic, ingrained and ignored.'</p>
	<p>THE FUTURE WE CHOOSE - Christiana Figueres and Tom Rivett-Carnac</p> <p>Christiana was UN Executive Secretary for Climate Change, Tom was senior political strategist for the Paris Agreement.</p> <p>This well received book shows the pathway to surviving the climate crisis, with chapters including; move beyond fossil fuels, reforest the earth, build gender equality.</p> <p>"Full of heart, strength and solutions.... I will carry it with me everywhere" Ellie Goulding</p>
	<p>OUR FINAL WARNING - Mark Lynas</p> <p>Rigorously cataloguing the very latest climate science, Mark Lynas charts the likely consequences of global heating, which show that the failure of Cop26 is not an option. This puts in context the vital nature of our need to activate ideas and actions which have an impact, witness those explored in the film The Earthshot Prize.</p>
	<p>I AM MALALA - Malala Yousafzai</p> <p>The inspirational story of Malala's miraculous recovery from being shot in the head in Pakistan to becoming a global symbol of peaceful protest and campaigner for girls' education. The youngest holder of the Nobel Peace Prize; she was awarded the honour in 2014. Malala graduated from Oxford in 2020 and continues her world-wide activism.</p>

	<p>INVISIBLE WOMEN - Caroline Criado Perez</p> <p>“Caroline Criado Perez shines her penetrating gaze on the absence of women from the creation of most societal norms – from algorithms to medicinal doses to government policy. Knowledge is power – we all need to know how our systems work if we want change. Arm yourself with this book and press it into the hands of everyone you know. It is utterly brilliant!” Baroness Helena Kennedy QC, who is also an NCW Honorary Associate</p>
	<p>WOMEN and LEADERSHIP - Julia Gillard & Ngozi Okonjo-Iweala</p> <p>Lessons we can learn drawing on conversations with some of the world’s most powerful women, the authors explore gender bias and ask how we get more women into leadership roles. This is an issue which NCW has long supported, with resolutions seeking to get more women into Parliament and into the decision-making arena.</p>
	<p>RETHINK - Amol Rajan</p> <p>Puts together viewpoints of leading international figures on a better future after Covid. Each one explores a different aspect of public/private life. Includes Pope Francis on poverty, Lady Hale on the courts, Elif Shafak on uncertainty, Gina McCarthy on rethinking activism, Peter Frankopan on rethinking Asia. ‘It reaffirms that after darkness there is always light’</p>
	<p>BECOMING - Michelle Obama</p> <p>Michelle Obama’s father taught her to work hard, laugh often, keep her word. Her mother showed her how to think for herself and how to use her voice. At Princeton she was the only black woman in a room, after this she worked as a high-powered corporate lawyer where one day a law student named Barack Obama came into her office. And upended her plans. With uncommon candour she provides a vivid account of her family’s history-making launch into the global limelight, including 8 momentous years in the White House. Soon after arriving there she came to London, met HM the Queen and visited the Elizabeth Anderson School in Islington. Read about her memorable visit to this multi-racial school (known to NCYW!)-page 318!</p>
	<p>TURNING THE TIDE on PLASTIC - Lucy Siegle</p> <p>Lucy Siegle says we can do something about the alarming volume of plastic waste polluting our environment. She writes about her journey, becoming an eco lifestyle expert, now offering her guide for change - Record, Replace, Refuse, Refill, Rethink. Here is an essential practical guide.</p>

	<p>LEAN IN - Sheryl Sandberg</p> <p>Sheryl Sandberg examines why men still hold the vast majority of leadership positions in government and industry.... She describes specific, practical steps women can take to combine professional achievement with personal fulfilment and demonstrates how men can benefit by supporting women in the workplace and at home.</p> <p>This book suggestion is from Rachel Wibberley</p>
	<p>REBUGGING THE PLANET - Vicki Hird</p> <p>The decline of insect life in the UK and globally is one of the biggest concerns of our biodiversity crisis... so it's hugely inspiring to find out that there is something we can actually do about it. <i>Hugh Fearnley Whittingstall</i></p> <p>If you've ever asked what bugs have done for us, read this book – and then join the movement to protect them <i>Caroline Lucas Green Party MP</i></p>
	<p>THE RIGHT SORT OF GIRL - Anita Rani</p> <p>How is a woman built? What sort of building blocks in girlhood are needed to create the right sort of woman? These are some of the questions that Anita “one of the few brown women on TV” addresses as she tells us how she reached a place where she’s accepted for who she is. A story of grit, determination and tenacity.</p>
	<p>HOW TO STAY SANE IN AN AGE OF DIVISION - Elif Shafak</p> <p>Elif Shafak is an award-winning novelist and an advocate for women’s rights and freedom of speech. Quoting Maya Angelou “There is no greater agony than bearing an untold story inside you” Elif goes on to show that stories bring us together, untold stories keep us apart. She reveals how listening to each other can nurture democracy, empathy and our faith in a kinder and wiser future.</p>
	<p>SEVEN WAYS TO CHANGE THE WORLD - Gordon Brown</p> <p>How To Fix The Most Pressing Problems We Face</p> <p>‘Gordon Brown has never given up trying to make the world a better, fairer place’ <i>Ed Balls</i></p> <p>‘Immensely powerful and persuasive. ...study his compassionate solutions’ <i>Joanna Lumley</i></p> <p>Gordon Brown served as Prime Minister 2007-10. In his UN role as Special Envoy for Global Education he works to galvanise financial support to ensure education for every child.</p>

	<p>VALUE(S) Building a Better World for All - Mark Carney</p> <p>Mark Carney was Governor of the Bank of England 2013-20. He holds many positions, including UN Special Envoy for Climate Action and Finance. 'Drawing on a truly international perspective... this book sets out a framework for the change needed for an economic and social renaissance in a post-Covid world... Embedding the values of sustainability, solidarity and responsibility into all decision-making is integral to his argument... for turning intractable problems into enormous opportunities'</p>
	<p>MAKE, THINK, IMAGINE ENGINEERING THE FUTURE OF CIVILISATION - John Browne</p> <p>John Browne argues compellingly that civilisation is founded on engineering innovation. He argues thoughtfully that human beings have a phenomenal problem-solving capacity, which can lead to a sustainable future. A trained engineer, former head of BP, he is Chairman of the Crick Institute, a Fellow of the Royal Academy, past President of the Royal Academy of Engineering and former Chairman of The Tate.</p>
	<p>AUTHORITY GAP - Mary Ann Sieghart</p> <p>20 years as Assistant Editor on The Times, a year as a Visiting Fellow at All Souls Oxford, Visiting Professor King's College London. Why women are still taken less seriously than men, and what we can do about it. A startling perspective, using a wealth of data and interviews, including Baroness Hale, revealing the unseen bias in our everyday lives. "Profoundly thoughtful" Andrew Marr "Hugely exciting" Emily Maitlis</p>
	<p>UNBOWED - WANGARI MAATHAI <i>From page 193....</i></p> <p>Trees have been an essential part of my life and have provided me with many lessons. Trees are living symbols of peace and hope. A tree has roots in the soil yet reaches to the sky. It tells us that in order to aspire we need to be grounded, and that no matter how high we go it is from our roots that we draw sustenance. It is a reminder to all of us who have had success that we cannot forget where we came from. It signifies that no matter how powerful we become in government, or how many awards we receive our power and our strength and ability to reach our goals depend on the people, those whose work remains unseen, who are the soil out of which we grow, the shoulders on which we stand.</p> <p>From first encouraging women in Kenya to grow trees, Wangari founded the Green Belt movement, working for respect for human rights, sustainable and equitable management of resources and good governance in a culture of peace. After receiving the Nobel Peace Prize in 2004, Wangari attended a memorable event at a church in Marylebone Road, London when NCW members Patience Purdy, Sylvia Owen and Gwenda Kibble presented her with a poem.</p>



EATING TO EXTINCTION - DAN SALADINO

In this captivating and wide-ranging book, Dan Saladino spans the globe to uncover the stories of these foods. He meets the pioneering farmers, scientists, cooks, food producers and indigenous communities who are preserving food traditions and fighting for change. All human history is woven through these stories from the first great migrations to the slave trade to the refugee crisis today. But *Eating to Extinction* is about so much more than preserving the past. It reveals a world at a crisis point: the future of our planet depends on reclaiming genetic biodiversity before it is too late

This thought-provoking book made me want to encourage everyone to read it. I had the further advantage of listening to the author at the Hay Festival. Every chapter inspires discussion. How about discussing a chapter with other Network members at a Zoom book club?

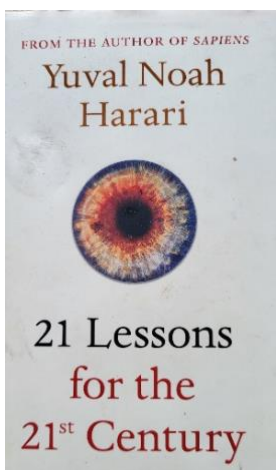
Let me know what you think!



THERE IS NOTHING FOR YOU HERE - Fiona Hill

Sheila Petersen, retired as NCW's International VP says "I am mesmerised by this book! Fiona Hill grew up in Bishop Auckland a miner's daughter, and the title of the book is what her father said to her to encourage her to go to university and leave the North East. Now in her mid-fifties she became an expert on Putin's Russia and has served under Bush, Obama, and Trump as a Brookings Institute expert on Russia. It is her autobiography and gives a stern warning about the global threats to democracy."

I too am familiar with the places mentioned by Fiona Hill and found the details of the way of life, the health, and employment, or lack of it, concerning several generations of her family, an absorbing piece of social history. Gwenda Kibble



21 LESSONS FOR THE 21ST CENTURY - Yuval Noah Harari

How can we protect ourselves from nuclear war, ecological cataclysms and technological disruptions? What can we do about the epidemic of fake news or the threat of terrorism? What should we teach our children?

Yuval Noah Harari takes us on a thrilling journey through today's most urgent issues.

The golden thread running through his exhilarating new book is the challenge of maintaining our collective and individual focus in the face of constant and disorienting change. Are we still capable of understanding the world we have created? (*quote from the book*)

In the light of current developments in Ukraine, do you think the author will be considering a further book? Can you suggest what changes he might make?



NOT JUST FOR BOYS

Why we need more women in science - Athene Donald

Here Athene Donald explores, from her own experience and those of other top scientists who are women, the factors that drive women to give up on a career in science. She sets out in passionate prose the struggles women face against the cumulative impacts of societal expectations, prejudice, hostility, condescension, and unconscious and systemic bias, particularly in science research, as evidenced by recent studies. She also describes how creative, how exhilarating working in science can be. Diversity, she argues, is crucial to solving today's problems, and women must take their proper place as equals, in the lab, and in the committees where top-level decisions are made.

'The issues women face in achieving in science are laid out to make an easy read. An important book for women and mankind'

PROFESSOR DAME

SALLY DAVIES, Master of Trinity College, Cambridge, former Chief Medical Officer for England

'Professor Donald offers hope for a future where divisive assumptions about gender in science are a thing of the past'

PROFESSOR ANDREW D. MAYNARD, School for the Future of Innovation in Society, Arizona State University

'A brilliant book: how we got here, where we are today—and why the lack of women in science really matters'

ALICE ROBERTS, Professor of Public Engagement in Science, University of Birmingham

'A tireless supporter of women in science, Athene Donald explains and illustrates the barriers that block the progress of women in science careers'

PAUL NURSE OM CH FRS, Director of the Francis Crick Institute

'Thoughtful, thorough, comprehensive ... draws on a lot of experience in this field and highlights issues that still are prevalent'

DAME JOCELYN BELL BURNELL, Visiting Professor of Astrophysics, University of Oxford